

Feedback from Thematic Partnerships: June 2008

Thematic Partnership			
Health and Well-being Partnership			
Main Aims of the Partnership			
To provide: <ul style="list-style-type: none"> • a partnership for the Area Director of Public Health for Hampshire Primary Care Trust to be equally accountable to the district councils within the area (namely, Fareham, Gosport and Havant Borough Councils); • more local, visible leadership for health and well-being; • opportunities for dialogue between member agencies (PCT and Local Authorities) across a range of health planning, general and practice-based commissioning and delivery issues. 			
Emerging Priorities			
How can you make a difference?	1 To increase physical activity across all age groups.		
	2 To effect a reduction in levels of obesity in children and adults.		
	3 To promote independence and quality of life/ well-being amongst older adult population groups.		
Links to Hampshire Local Area Agreement Priority Outcomes			
LAA Priority:	6 <ul style="list-style-type: none"> • Promote the health and well-being of people in Hampshire. • Increase levels of sport and physical activity. • Healthy eating. • Smoking cessation. • Workplace health. • Emergency response. • Safety of roads. • Healthy Hampshire award. 		
Progress since March 2008			
Schedule A attached sets out the progress made as at April 2008 against each of the Board's three priority actions across the SE area.			
Fareham Borough Council Contact Officer			
Name:	Alistair Tait		
Position:	Partnerships Officer		
Department:	Chief Executive's	Section:	Policy and Improvement
Telephone:	01329 824335 (Direct line)		
Email:	atait@fareham.gov.uk		
Chairman			
Name:	Councillor Brian Bayford		
Organisation:	Fareham Borough Council		
Address:	Civic Offices, Civic Way, Fareham, Hampshire, PO16 7PU.		
Telephone:	01329 824561 (Fareham Borough Council) 01489 880740 (Home)		
Email:	bbayford@fareham.gov.uk		
networkfareham Board: Representative			
Name:	Noreen Kickham / Kathryn Rowles Area Director of Public Health for South East Hampshire		
Organisation:	Hampshire Primary Care Trust		
Address:	Raeburn House, Hulbert Road, Waterlooville, Hampshire, PO7 7GP		
Telephone:	02392 248841 (Personal Assistant, Lynne Dandy)		
Email:	noreen.kickham@ports.nhs.uk / kathryn.rowles@ports.nhs.uk / lynne.dandy@ports.nhs.uk		
networkfareham Board: Deputy			
Name:	Either Noreen Kickham or Kathryn Rowles will attend.		

Organisation:	
Address:	
Telephone:	
Email:	

Membership	
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Organisation	Representative
Hampshire Primary Care Trust	Noreen Kickham / Kathryn Rowles Area Director of Public Health for SE Hampshire
Fareham Borough Council	Councillor Brian Bayford
Gosport Borough Council	Councillor Peter Edgar
Havant Borough Council	Councillor Gwen Blackett

Meetings Held and Arranged			
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Date:	27 February 2007	Date:	12 December 2007
Date:	08 June 2007	Date:	05 March 2008
Date:	12 September 2007	2008/2009	Gosport BC to arrange
Date:		Date:	02 September 2008 (HPCT offices, Fareham Reach)

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Priority 1: To Increase Physical Activity across all Age Groups				
Action 1 - Walking to Health Schemes Promote and support the implementation of 'Walking to Health' Schemes across Fareham, Gosport and Havant Borough Council areas	Links with Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)	<ul style="list-style-type: none"> - Number and coverage of schemes - Uptake/numbers participating in Health Walks 	Borough Councils	Ongoing
<p style="text-align: right;">PROGRESS April 2008</p> Havant – W2H scheme delivered including support to volunteers. New style leaflets and advertising material developed and distributed. Local press and HBC publication 'Serving You' articles have generated a good response. Discussions with other colleagues within HBC to develop some independent walks within the Borough have been held – lack of funding for leaflets has stalled this project.				
Action 2 – Health Trainers Promote and support the Health Trainers programme across the South East Hampshire area, as a means of addressing key lifestyle risk factors (including physical activity) with vulnerable groups	Links with Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Population coverage of Health Trainer Scheme - Numbers of accredited Trainers 	Hampshire PCT	Existing schemes to be sustained & New Schemes to be implemented from April 08
<p style="text-align: right;">PROGRESS April 2008</p> 3 generic schemes operating in the area up until March 2008 – levels of activity very low. New scheme commissioned 2007/08 through Probation Service working with offenders in the Havant and Gosport. Review and evaluation of the current schemes across HPCT completed. HPCT resource to be refocused to support delivery of the Vascular Inequalities Programme. Plan to commission delivery of services from local community organisations in Havant and Gosport. Each service to provide access to 1WTE health trainer (2/3 people) based in communities experiencing most disadvantage. Plan to have service operational by Sept 08 (Commission service; recruit May-June; train and induct July – August). Lee to present report and recommendations to the June Board.				
Action 3 - Healthy Schools Scheme Continue to support schools across the Fareham, Gosport and Havant areas to participate in the Healthy Schools Scheme as a means of tackling health improvement issues through curriculum and 'whole school' policy interventions	Links with Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Numbers of schools across Fareham, Gosport and Havant participating in the Scheme - Focus themes of work in participating schools 	Reporting through Hampshire PCT for Hampshire activity	Ongoing
<p style="text-align: right;">PROGRESS April 2008</p> Report showing numbers % of SE Schools by LA area prepared for March Board meeting. Gosport 31 schools; 30 engaged and 15 (48%) achieved enhanced status. Havant 50 schools; 50 engaged and 31 (62%) achieved enhanced status. Fareham 41 schools; 41 engaged and 31 (76%) achieved enhanced status.				

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Action 4 – Exercise Referral Implement Exercise Referral pilot scheme in Fareham Borough area and evaluate outcomes to support further development	Links with Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)	<ul style="list-style-type: none"> - Numbers participating in referral scheme - Numbers completing programme. 	Fareham BC in conjunction with Hampshire PCT	Commence from April 09
<p style="text-align: right;">PROGRESS April 2008</p>	<p>PCT Lead Dawson lee.dawson@midhampshirepct.nhs.uk Fareham scheme re –established. Pilot to be evaluated.</p> <p>Hampshire wide Exercise Referral Forum led by Lee looking at standardising schemes across the HPCT area (referral criteria, evaluation and funding). National Toolkit due out in May will support this work.</p> <p>Gap in access for the Havant and Gosport areas identified. Links to the VI Programme (Priority 2 Action 1). Investigating opportunities to address gap. Report to June Board meeting.</p>			

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Priority 2: To Effect a Reduction in Levels of Obesity in Children and Adults				
<p>Action 1 – Weight Management Programmes</p> <p>As part of Hampshire Primary Care Trust's Vascular Prevention Programme establish weight management programmes.</p> <p>These will include :</p> <ul style="list-style-type: none"> - Training and Development Programme for primary care staff to support patients with weight management issues - Commissioning of specialist weight management services to target those with a Body Mass Index (BMI) over 30 and with associated co-morbidities e.g. diabetes and cardio vascular disease (CVD) 	<p>Links with Priority 1 (increasing physical activity) and Priority 3 (wellbeing of older people)</p>	<ul style="list-style-type: none"> - Numbers of practices completing training - % of adult patients having BMI recorded - Numbers participating in specialised Weight Management Services 	<p>Hampshire PCT</p>	<p>Service in Havant and Gosport to be established during 2008/09</p>
<p>PROGRESS April 2008</p>	<p>Training and development for Primary Care. On target to start delivery from June 08 in the Havant and Gosport areas.</p> <p>Plan a training programme for wider workforce e.g. exercise referral leads for Sept 08.</p> <p>Plan to commission an additional 2450 12 week weight management programmes in Specialist Wt. Management Programmes</p> <p>Agreed the Havant and Gosport areas (outcomes 5-10% wt loss at end of 12 week programme; average wt loss of 0.75 kgs per week and wt loss maintained at 6 months and 12 months). Delivery on target to commence from June 2008.</p> <p>Plan to commission additional services from April 08 onward.</p> <p>Havant- LPSA projects, Sow the Seed and The Food Show with 7 schools in the Borough commence in June.</p> <p>Kenwood Project - Have made a successful link with Kenwood who will be carrying out healthy eating cookery demonstrations followed by practical sessions for the children as a pilot.</p> <p>MEND (mind, exercise, nutrition, do it!) programme has commenced. First course completed showing good results. A further 6 to be run within the next 2 yearsLink to Health Trainer development.</p>			

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Action 2 – Leisure/Physical Activity Opportunities Scope and define sustainable physical activity opportunities through Borough leisure/recreation/play strategies for children and adults	Links with Priority 1 (increasing physical activity)	Comprehensive information provided by Borough to support signposting from PCT led Weight Management Services	Borough Councils	Review to be completed Spring 08
PROGRESS April 2008	Havant – application has been submitted to Sport England for a PA Officer although this is proving to be a lengthy process. StreetSport holiday programme continues to be delivered. Fred and Ginge Dance classes continue to be delivered and are now fully sustainable.			
Action 3 Promote and support programmes of work to halt the rise in childhood obesity across the area and in targeted schools (LPSA 2 Childhood Obesity - Gosport 4; Havant 7) reduce levels by 20010/11.	Healthy Schools. Physical Activity	% of children in Year R and Year 6 weighed and measured. Prevalence of overweight and obesity in Year R and Year 6 children. Prevalence of overweight and obesity in Year 6 children in the 11 target schools.	Hampshire PCT	Annual monitoring (coverage and prevalence) 2010/11
PROGRESS April 2008	2006/7 Child Measurement programme – 78% Year R children and 81% of Year 6 children measured. This programme gives a one year snapshot of prevalence of overweight and obesity levels. Results to be used with caution but indicate the prevalence by LA area. Measurement programme will be carried out annually and overtime will give trend data and data that can be used with more confidence. 2006/7 data Year R Overweight England 13%; HPCT 14%; Gosport 17.75%; Havant 15.85%; Fareham 16.38% Obese England 9.9%; HPCT 8.9%; Gosport 10.7%; Havant 11.6%; Fareham 9.48% Year 6 Overweight England 14.2%; HPCT 13.6%; Gosport 14.43%; Havant 13.68%; Fareham 12.72% Obese England 17.5%; HPCT 15.9%; Gosport 21.85%; Havant 19.72%; Fareham 16.8%			
Action 4 Implement “Cook & Eat” Programme in targeted schools and communities from April 2008 – 2010/11.	Healthy Schools	Numbers of schools engaged. Numbers of children and adults participating. % uptake of school meals. Increase in fruit and vegetable intake.	Hampshire PCT	Annual report March 2009 March 2010 March 2011
PROGRESS April 2008	Phase 1 of programme. Target schools offered programme and training for staff. Delivery to start in May. Verbal report on uptake by SE Schools. Phase 2 programme will include delivery at community venues (school holidays).			

Action	Physical Activity	Performance Monitoring Measures	Lead Agency	Timescales
Priority 3: To Promote Independence and Quality of Life and Wellbeing for Older Population Groups				
Action 1 – Implement the Quit4Life ‘Sign up and Quit’ smoking cessation project, which includes provision of mobile clinic sessions in community settings	Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Numbers taking up mobile smoking cessation services - Numbers quitting through mobile smoking cessation support 	Hampshire PCT	Programme to be implemented from April 08
PROGRESS April 2008	The pilot phase Sept-Dec. 07 and early 08 events have not delivered predicted target numbers of service referrals and resultant 4-week quitters. From May 08 new community-level approaches will be made via local council partnership and associated neighbourhood programmes (including support of the SF Hants & IoW Tobacco Alliance activity with councils) to encourage and motivate ‘hard to reach’ groups to use Quit4Life services. New activity to support smoking target via VI Programme lead/ HPCT and SFHloWTA.			
Action 2 – Develop community based intervention services to support alcohol reduction	Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Service network established - Numbers accessing services and programme completion rate 	Hampshire PCT	Implementation from Jan. 09
PROGRESS April 2008	A proposal paper on commissioning BI training and service provision has been drafted for discussion at Hampshire Alcohol Partnership Group (HAPG) meeting 10 th June 08.			
Action 3 – Case Finding in Primary Care As part of Hampshire Primary Care Trust’s Vascular Prevention Programme, ‘case find’ in primary care, individuals with increased cardio vascular risk. This will include weight management for obese patients, smoking cessation support, blood pressure/cholesterol monitoring	Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Numbers of patients identified as being of CV increased risk - Numbers of CV risk patients receiving interventions around: <ul style="list-style-type: none"> • weight management • hypertension management • smoking cessation • brief interventions around alcohol misuse 	Hampshire PCT	Implementation from Autumn 08
PROGRESS April 2008	CVD case-finding software made available to practices in March 2008. Payment scheme for GPs drafted, decision expected end May 2008. Invited proposals from community pharmacies from Sept. 2008.			

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Priority 3: To Promote Independence and Quality of Life and Wellbeing for Older Population Groups				
Action 4 – HomeCheck Schemes Sustain implementation of local authority HomeCheck schemes as a means of reducing falls amongst older people and supporting independent living	Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Numbers of HomeChecks undertaken with adults over 60 years - Numbers of elderly adults 60+ referred into the scheme by community health services 	Borough Councils	Ongoing
PROGRESS April 2008 No update tabled				
Action 5 – Falls Prevention Pathway Development Develop signposting referral links between community health and Homecheck providers as part of integrated Falls Prevention Care Pathway developed during 08/09	Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Development of integrated Falls Prevention Pathway which reflects community schemes 	Hampshire PCT	Implementation from 09 (including a fully developed Pathway)
PROGRESS April 2008 Update called from PCT lead.				
Action 6 - Public health workforce development project in district Local Authorities Define and map the public health workforce within each district Borough Council and implement a programme to support workforce development which will enhance delivery of activities under each of the three public health priority areas	Links with Priority 1 (increasing physical activity), Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)	<ul style="list-style-type: none"> - Definition of workforce, services and development needs by Local Authority - Development plan in place - Numbers participating in learning programmes - Learning outcomes and relevance in practice 	Borough councils in conjunction with NHS South Central Education Service (NSCES) project facilitator	Scoping exercise completed by end March 08 Development plan implemented from April 08
PROGRESS April 2008 Awaiting FINAL Report				

IMPLEMENTATION: MONITORING PROCESS AND NEXT STEPS

- 1 It is proposed that the Officers Group becomes the main focus for ongoing monitoring of implementation of progress. It will be accountable to the Area Public Health Liaison Board and report to each Board meeting.
Members include:
 - * Janie Millerchip/Emma Barrett (Fareham Borough Council)
 - * Dave Jago (Gosport Borough Council)
 - * Claire Hughes/Nicki Conyard (Havant Borough Council)
 - * Noreen Kickham/Kathryn Rowles and Neil Lockett (Hampshire PCT)
- 2 It is proposed that with Board approval of the Outline Action Plan, next steps will comprise the development of robust project plans for each strand of work. These will include key tasks, lead officer, milestones, resource/funding, performance monitoring measures. Projects should demonstrate/reflect the 'added value' as a result of a joint interagency approach. For each project. Relevant indicators and targets should be included to support performance monitoring.
- 3 To support the delivery and workforce development, the Officers Group is participating in a Public Health Workforce Development local authority pilot project. This will comprise training/development opportunities or local authority staff delivering health and wellbeing programmes. Funding has been sourced through NESC to support this project.
- 4 It is proposed Local Authority leads will work with the Project Consultant to identify the approach to delivery and project priorities in each local authority.